

General author guidelines

Title page	<p>The following information should be included on the title page and should be submitted as a separate file:</p> <ul style="list-style-type: none">▪ Paper title▪ Full author names▪ Professional affiliation for all authors▪ Email addresses for all authors▪ Abstract (max. 200 words)▪ Keywords (max. 5)▪ Contacting author and full (institutional) mailing address▪ Suggestion for running head (header)
Article	<p>Repeat the information of the title page on the second page, but remove all references to the authors. The following sections should be included:</p> <ul style="list-style-type: none">▪ Paper title▪ Abstract▪ Keywords▪ Body▪ References (APA-formatted, incl. DOI-numbers)▪ Appendices (if any)
Manuscript format	<p>The current APA style guide should followed precisely when presenting statistical analyses and for citation and referencing. Authors should be guided by APA style and / or similar papers in JoWR and other good quality journals in how they structure their paper and communicate their research.</p>
Manuscript length	<p>We adopt a flexible approach to manuscript length. However it is rarely that case that authors need more than 8,000 words, excluding references, to communicate their research. If your paper substantially exceeds this, please provide a rationale in your covering letter.</p>
Data sharing	<p>Authors should adopt open science practices. This means making anonymized data, analysis code and research materials publicly available when papers are accepted for publication. This should be deposited in a publicly accessible repository with a persistent web address. We recommend Open Science Foundation. Provide the URL in your author note. If for some reason making data available in this way is not possible, please explain your reasons in your covering letter.</p>

Paper sections

Title	<ul style="list-style-type: none">▪ Use sentence case.▪ Separate title and subtitle with a colon.▪ Start the subtitle with a capital letter.
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Abstract	The abstract section should be interpretable without reference to the body of the paper, should not include citations, and should not exceed 200 words.
Keywords	Please include no more than five keywords that reflect the paper's content, below the abstract.
Body of the article	Please adhere to the following formatting guidelines: <ul style="list-style-type: none"> ▪ Use single line spacing. ▪ Use no more than three hierarchical levels for section headings. ▪ Only use italics to emphasize or mark items in your text (not bold or underlined). ▪ Indent the start of a new paragraph 1 cm (tab); do not indent after a heading, table, figure, or bulleted list.
Notes	Only use end notes in your text (not footnotes) and limit the number of notes to a strict minimum.
Author note	This should be included at the end of the paper before the references. It should indicate data availability, and may include acknowledgement of funding sources and non-author contributors to your research.
References	Guidelines for the reference section: <ul style="list-style-type: none"> ▪ The references section appears at the end of the article, beginning on a separate page, after the text (and notes). ▪ Authors are responsible for ensuring that the information in each reference is complete and accurate according to the most recent APA style guide. ▪ DOI numbers should be provided in web-address format for all papers except in rare situations where these are not available. You can check your complete reference list for missing DOI-numbers by pasting it in the Simple Text Query Form freely provided by CrossRef. ▪ The reference list must only contain references which were cited in the paper. ▪ If you include reference titles in a language other than English, please add, a translation of the title in English, between [brackets] directly after the title.
Tables	Guidelines for the tables in your article: <ul style="list-style-type: none"> ▪ All tables must be included near to where they are referenced in the paper. ▪ Add a numbered caption and a title that, as far as possible, is interpretable without reference to the text. Long titles are welcome. ▪ Follow APA guidelines for formatting your tables; vertical lines should not be used. ▪ Use the table-function of your word processor. ▪ Do not use extra spaces or tabs to align data or headings in your table; align numbers to the right-hand side of the column or on a decimal character. ▪ Refer to each table at least once in the body of your paper.
Figures	Guidelines for figures: <ul style="list-style-type: none"> ▪ Include each figure in your manuscript in the appropriate place.

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- Add a numbered caption and a descriptive title below each figure.
 - Provide each figure in a high resolution format in a separate file and compress all the figures in a zip file.
 - Refer to each figure at least once in the body of your paper.
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Appendices

Add appendices at the end of the paper, referencing them (Appendix A, Appendix B) in the body of the text. We accept long appendices when these are justified, and encourage authors to include coding schemes, measuring instruments, example texts, example instructional materials.
